

# University of Pretoria Yearbook 2021

## Emotional-social wellbeing 731 (KGG 731)

<b>Qualification</b>	Postgraduate
<b>Faculty</b>	<a href="#">Faculty of Education</a>
<b>Module credits</b>	14.00
<b>NQF Level</b>	08
<b>Programmes</b>	<a href="#">PGDip Technical and Vocational Education and Training</a>
<b>Prerequisites</b>	No prerequisites.
<b>Language of tuition</b>	Module is presented in English
<b>Department</b>	Educational Psychology
<b>Period of presentation</b>	Semester 1 or Semester 2

### Module content

This module will enhance higher education managers' understanding and capacity to promote mental wellbeing of staff and students. A focus on systemic support strategies encompassing the context of high need to empower managers to advance preventative psychological health and to acquire specialised knowledge regarding how to strengthen staff and students' emotional-social wellbeing and resilience is key. The module will provide managers in higher education with an integrated wellbeing and emotional-social intelligence framework to promote their insight into an advancing learning and development as lifelong processes.

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